

The Truth About

# Fishing

About 2 trillion fish are caught each year, and they die in agony by suffocating or being crushed in nets. Billions more are considered “by-catch” and are simply thrown overboard. Around 500 billion wild fish are caught just to be fed to farmed fish.



Each year, about 80 billion fish are killed on **fish farms**. These facilities are breeding grounds for disease and parasites, such as fish lice, which the farm owners attempt to control with chemicals and antibiotics. It takes about four wild fish to feed one farmed fish.

**Sport anglers** catch fish with hooks that impale their sensitive mouths. The fish then suffocate, are beaten to death, or are slit open while fully conscious.



There are some screams that we just can't hear.



Fish are social and have individual personalities.

**Fish have feelings:** International studies have shown that fish can feel stress and pain and react positively to painkillers, just as we do.

**Fish are smart:** Fish use tools and can differentiate among human faces and among pieces of music.

**Eating fish is unhealthy:** Microplastics, mercury, PCBs, dioxins, arsenic, lead, and pesticides all accumulate in fish flesh. The omega-3 fatty acids found in fish flesh can also be found in walnuts, linseeds, chia seeds, and soya.

## What You Can Do

- Don't eat fish, other marine animals, or fish eggs.
- Drop that fishing rod!
- For further information, go to

**[PETA.org.uk/issues/animals-not-eat/fish](https://peta.org.uk/issues/animals-not-eat/fish)**

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